

for Aurora Chorus

# I Lift My Eyes

Psalm 121  
Thich Nhat Hanh

Joan Szymko

$\text{♩} = 74$   
*mp*

Solo or unis. SA

I lift my eyes \_\_\_\_\_ to the moun - tains \_\_\_\_\_

Piano

*mp*

5

\_\_\_\_\_ from whence \_\_\_\_\_ I get my help; \_\_\_\_\_

9

\_\_\_\_\_ from whence \_\_\_\_\_ I get my strength; \_\_\_\_\_

*mf*

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12

from whence I get my help. I lift my

15

eyes, I lift my eyes, I lift my

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eyes, I lift my eyes.

I am sol-id as a moun-tain.

S  
A  
T  
B

I am firm as the earth.

*mp*  
I am

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29 **Tempo Primo** *steadily* **Tutti** *mp*

I am  
I am firm as the earth,  
I am  
I am sol-id as a moun-tain,  
sol-id as a moun-tain,  
I am sol-id as a

*mp*  
*mp*  
*mp*  
*mp*

**Tempo Primo** *steadily*

*cresc. poco a poco*

34

firm as the earth, I am firm as the earth, I am  
 firm as the earth, I am sol-id as a moun-tain,  
 I am sol-id as a moun-tain, I am firm as the earth,  
 moun-tain, I am firm as the earth, I am sol-id as a

*cresc. poco a poco*

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firm as the earth, as the earth. I am  
 I am sol-id as a moun-tain, I am firm as the earth. I am  
 I am firm as the earth.  
 moun-tain, I am firm as the earth.

*f*

free, \_\_\_\_\_

free, \_\_\_\_\_

*f* I am

*f* I am

*f*

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I am free, I am

I am free, I am

free, I am

free, I am

*f*

42

**Più mosso** ♩ = 80*mf**mf**mf**mf*

free.

I lift my eyes

free.

I lift my eyes

free.

I lift my eyes

free.

I lift my eyes

**Più mosso** ♩ = 80*sost.**mf*

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to

the moun - tains

from

to

the moun - tains

from

to

the moun - tains

from

to

the moun - tains

from

*sim.*

48

whence I get my strength,

whence I get my strength,

whence I get my strength,

whence I get my strength,

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51

from whence I get my help.

from whence I get my help.

from whence I get my help.

from whence I get my help.

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I lift my eyes, \_\_\_\_\_

I lift my eyes, \_\_\_\_\_

*mf*

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56

I lift my eyes, \_\_\_\_\_ I lift my

I lift my eyes, \_\_\_\_\_ my

I lift my eyes, \_\_\_\_\_ I lift my

I lift my eyes, \_\_\_\_\_

*f* *mf*



eyes, \_\_\_\_\_ *mp* I lift my eyes, \_\_\_\_\_ 60

\_\_\_\_\_ *mp* I lift my eyes, \_\_\_\_\_

eyes, \_\_\_\_\_ *mf* I lift my eyes to the

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\_\_\_\_\_ *mf* I lift my eyes, \_\_\_\_\_

\_\_\_\_\_ *mf* I am sol - id as a moun-tain. \_\_\_\_\_

moun - tains, \_\_\_\_\_ I am

\_\_\_\_\_ I am

63

I am  
 I am  
 firm as the earth. I am  
 firm as the earth. I am  
 firm as the earth. I am

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67

free.  
 free. I lift my  
 free. I lift my eyes,  
 free. I lift my eyes,

*p* *cresc.* 70 *mp*

I lift my eyes, — I lift my eyes, —

*cresc.* *mp*

eyes, — I lift my eyes, —

*mp*

I lift my eyes, —

*mp*

I lift my eyes, —

*mp* *cresc.*

**For Perusal Only**

73 *mf*

I lift my eyes, —

*mf*

I lift my eyes, —

I lift my eyes, — I lift my

I lift my

*mf*

The image shows a musical score for the hymn 'I lift my eyes'. It consists of five systems of staves. The first system includes vocal staves and piano accompaniment. The second system continues the vocal and piano parts. The third system features a large red watermark 'For Perusal Only' overlaid on the piano accompaniment. The fourth system shows the vocal parts and piano accompaniment continuing. The fifth system concludes the page with vocal and piano parts. Dynamics include piano (p), mezzo-piano (mp), mezzo-forte (mf), and crescendo (cresc.). Measure numbers 70 and 73 are indicated in boxes.

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lift my eyes, *f rit.* I am free. *molto rit. mf ff*

lift my eyes, *f rit.* I am free. *molto rit. mf ff*

*rit.* I am free. *molto rit. mf ff*

*rit.* I am free. *molto rit. mf ff*

*rit.* *molto rit.*